



SMILING SERVICE
SCUOLA
INTERNAZIONALE
SRL

Early Years – Primary – Secondary –
4 Year Linguistic High School –
I.T.T.I. - IBDP

7th GRADE CURRICULUM TOPICS A.S. 2023-2024



Smiling Corso Porta Mare

Early Years – Primary

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Smiling Corso Ercole I d'Este

Primary – Secondary – High School – I.T.T.I – IBDP

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ART

Unit	Topic	Main Points
1	Romanesque Art	-Elements of Romanesque architecture: characteristics and stylistic differences. -Deciphering Christian symbolism: images of Christian iconography in Romanesque art.
2	Gothic Art	-From Romanesque to Gothic: elements of Gothic art and architecture. -Innovations in Gothic cathedral architecture. -Materials and structures: leaded glass windows.
3	Late Gothic	-Painting: transition from Byzantine style Giotto of Bondone and the fresco technique
4	Early Renaissance in Italy	-The birth of the Renaissance in Italy: influences - humanism Technical discoveries: the rules of perspective - the representation of three-dimensional figures -Study of painting, sculpture and architecture of the Early Renaissance
5	Late Renaissance in Italy	-Study of Late Renaissance painting, sculpture and architecture: technical discoveries and innovations.
6	Baroque	-Development of Baroque art: styles and innovations -Study of Baroque painting, sculpture and architecture
Links with Citizenship		
	Respect and Enhancement of Cultural Heritage	-Ferrara and its cultural wealth

BUSINESS

Unit	Topic	Main Points
1	Business production	- Production process: input - output - productive efficiency - Sectors and factors of production - Types of Business
2	Commerce and trade	- How has Trading changed - Basic elements of Commerce - Basic elements of Trade - Home trade and Foreign trade - E-commerce: functioning and risks
3	Economic systems	- Main actors: customers, Government, private companies (features and interactions) - Planned economy - Free-market economy - Mixed economy
4	Private sector	- Sole traders: decision management, composition and management of the Capital and liability - Partnership: decision management, composition and management of the Capital and liability - Multinationals: composition

5	Markets	<ul style="list-style-type: none"> - Markets: mature, emerging, BRICS - For profit and not-for-profit organisations: focus on Not-for-profit organisation, its creation and how the collection of proceeds works - Crowdsourcing: how to help people with your money
<p style="text-align: center;">Link with Citizenship</p> <p style="text-align: center;">The Merchant of Venice: Venice as a centre of Commerce and the origin of the “Pound of flash” issue</p>		

CHINESE

Unit	Topic	Main Points
0	Introduction to the course and general review	<ul style="list-style-type: none"> -Brief introduction to the course and to the new students -Introduction to HSK exam -Summer homework delivery and check -General review of the Units studied -How to write a self presentation -Pinyin, strokes and radicals review
1	<p>我的生日, 我的爱好, 运动我的生日, 我的爱好我的生日, 我的爱好, 运动, 我的生日, 我的爱好, 运动运动我的生日, 我的爱好, 运动我的生日, 我的爱好, 运动</p> <p>My Birthday, My Hobbies, Sports</p>	<ul style="list-style-type: none"> ● Communication and vocabulary -How to talk about your birthday and your age, learning to say dates and months. -Talking about what you do in your free time and what you like doing. Hobbies related vocabulary. -Talking about sports. Sport related vocabulary. -Learning the days of the week ● Grammar -Possessive pronouns (with 的) 的-Possessive pronouns (with 的)) -Possessive pronouns (with 的) -The use of negatives with 不 and 没不 -The use of negatives with 不 and 没and -The use of negatives with 不 and 没没-The use of negatives with 不 and 没-The use of negatives with 不 and 没 -Position of time words -The use of 也也-The use of 也-The use of 也 -The interrogative pronoun 谁谁-The interrogative pronoun 谁-The interrogative pronoun 谁 -The use of the modal verb 会会-The use of the modal verb 会-The use of the modal verb 会 -New radicals
2	<p>学校学校学校学校</p> <p>School</p>	<ul style="list-style-type: none"> ● Communication and vocabulary -Talking about school subjects. Say what subjects you like. School related vocabulary -Telling the time -Talking about your school timetable -Describing a day at school -Saying “Yes” and “No”

		<p>-How to say your nationality</p> <ul style="list-style-type: none"> ● Grammar <p>-The interrogative pronoun 什么 什么 -The interrogative pronoun 什么 -The interrogative pronoun 什么</p> <p>-The interrogative pronoun 几几 -The interrogative pronoun 几 -The interrogative pronoun 几</p> <p>-The order of time words</p> <p>-The 是 sentence 是 -The 是 sentencesentence -The 是 sentence</p> <p>-Verb and preposition 在在 -Verb and preposition 在 -Verb and preposition 在</p>
3	<p>在教室, 在图书馆在教室 在教室, 在图书馆, 在教室, 在图书馆在图书馆在教室, 在图书馆在教室, 在图书馆 In the classroom, In the library</p>	<ul style="list-style-type: none"> ● Communication and vocabulary <p>-Asking and saying someone's nationality</p> <p>-Talking about friends, classmates and teachers</p> <p>-Numbers until 100</p> <ul style="list-style-type: none"> ● Grammar <p>-The 的 sentence 的 -The 的 sentencesentence -The 的 sentence</p> <p>-Interrogative pronouns 谁 and 哪谁 Interrogative pronouns 谁 and 哪 and Interrogative pronouns 谁 and 哪哪 Interrogative pronouns 谁 and 哪</p> <p>-Interrogative particle 呢呢 -Interrogative particle 呢 -Interrogative particle 呢</p> <p>-Interrogative pronoun 几几 -Interrogative pronoun 几 -Interrogative pronoun 几</p> <p>-了 indicating a change 了 -了 indicating a change indicating a change -了 indicating a change</p>
4	<p>说一门外语说一门外语 说一门外语说一门外语 Speaking a foreign language</p>	<ul style="list-style-type: none"> ● Communication and vocabulary <p>-Talking about speaking a foreign language</p> <p>-Talking about eating and making food</p> <ul style="list-style-type: none"> ● Grammar <p>-The modal verb 会会 -The modal verb 会 -The modal verb 会</p> <p>-Sentences with an Adjectival Predicate</p> <p>-Interrogative pronoun 怎么 怎么 -Interrogative pronoun 怎么 -Interrogative pronoun 怎么</p>
5	<p>今天几号今天几号今天 几号今天几号 Saying the date (review)</p>	<ul style="list-style-type: none"> ● Communication and vocabulary <p>-Asking and saying the date</p> <p>-Talking about one's daily plans</p> <ul style="list-style-type: none"> ● Grammar <p>-Sentences with a nominal predicate</p> <p>-Sentences with a serial verb construction: 去+O1+O2去-</p> <p>Sentences with a serial verb construction: 去+O1+O2+O1+O2-</p> <p>Sentences with a serial verb construction: 去+O1+O2</p>
6	<p>你在哪里工作?你在哪里 工作你在哪里工作?? 你在哪里工作? Where do you work</p>	<ul style="list-style-type: none"> ● Communication and vocabulary <p>-Talking about space and localization of places</p> <ul style="list-style-type: none"> ● Grammar <p>-The verb/preposition 在在 -The verb/preposition 在 -The verb/preposition 在</p> <p>-Interrogative pronoun 哪儿哪儿 -Interrogative pronoun 哪儿 -</p>

		Interrogative pronoun 哪儿 -Interrogative particle 呢呢-Interrogative particle 呢- Interrogative particle 呢
7	在办公室, 在健身房在 办公室, 在健身房在办 公室, 在健身房在办 公室, 在健身房 In the office, in the gym	<ul style="list-style-type: none"> ● Communication and vocabulary -Describing how objects are located in the space ● Grammar -The 有 sentence indicating existence有 -The 有 sentence indicating existencesentence indicating existence-The 有 sentence indicating existence -The conjunction 和和-The conjunction 和-The conjunction 和 -The Modal Verb 能能-The Modal Verb 能-The Modal Verb 能 -Imperative sentences with 请请-Imperative sentences with 请- Imperative sentences with 请
Links with Citizenship		
Culture and folk traditions		-Chinese festivals and 春节 (Spring Festival)春节 -Chinese festivals and 春节 (Spring Festival)(Spring Festival)-Chinese festivals and 春节 (Spring Festival) -Chinese religions and folk traditions -Chinese calligraphy -Chinese communities in Italy

ENGLISH

Unit	Topic	Main Points
Grammar & Vocabulary		
1	Parts of Speech/ Word Choice/ Word Transformation	-comparative and superlative adjectives -gradable and non-gradable adjectives -adjectives: prefixes and suffixes, adjectives with <i>-ed</i> or <i>-ing</i> , adjective order -relative clauses -reported speech, reported commands, reported questions, indirect questions
2	Verb Tenses	-present perfect: <i>just, already, yet, since, for</i> -present perfect vs. past simple -state verbs -introduction to modal verbs -future -zero, first, second conditionals -past perfect -imperative: commands and instructions -passive: present simple, past simple
3	Vocabulary	-holiday activities: <i>travel, journey, trip</i> -buildings and places -feelings -television programs -going out: <i>been/gone, meet, get to know, know, find out</i> -weather -describing people -illness and accidents

		-sports: <i>do, go, play</i> -shops and services: <i>course, dish, food, meal, plate</i> -the environment -using your phone: <i>ask, ask for, speak, talk, say, tell</i>
4	Usage & Expressions	- <i>extremely, fairly, quite, rather, really, very, too, enough</i> - <i>when, if, unless</i> + present/future - <i>have something done</i>
Writing		
5	Mechanics and Structure	-punctuation & capitalization -paragraph organization -linking and transition words
6	Introduction to essays	-expository writing -descriptive text
7	Writing Preparation	-writing part 1 - writing an email -writing part 2 - writing an article -writing part 2 - writing a story
Literature		
8	Elements of Literature*	-setting and atmosphere -character traits and character development -theme vs motifs -point of view and narrator
9	Novel Studies	- The Merchant of Venice by W. Shakespeare (Black Cat) -introduction to Elizabethan Era and Shakespeare's life/career, definition of Shakespearean comedy, Venice's racial history and prejudices of the Jewish faith, plot and characters, rewriting and dramatisation of scenes, themes: friendship, wealth, justice, race. The Three Musketeers by Alexander Dumas (Black Cat Book) This will link to the 17th and 18th century History topics.
* "8 Elements of Literature" will be taught simultaneously while reading the texts listed in "9 Novel Studies"		
** Venice's racial history and prejudices against the Jews will be considered a shared project with Citizenship		
Poetry		
10	Poetry	-figurative language -poetic devices ocus on classic romantic poems concerning the Sea including <i>The Rime of the Ancient Mariner</i>
11	Poetry Studies	-Selected poems from the Romantic age .
12	Speaking, Presentation Skills, Debate and Discussion	- expression, notes for presentations, engaging the listener, building confidence -Construction an argument, using evidence, forming clear sentences and following a narrative, responding to a question, using humour.
Link with Citizenship		
The Jews		-Venice's racial history and prejudices as seen in Shakespeare. -Venice's ghetto
Women		-Patriarchal society and the role of women

	-Concept of beauty
Climate Change	-The effects of changes in the environment on people

GEO-HISTORY

<u>Unit</u>	<u>Topic</u>	<u>Main Points</u>
1	Introduction	<ul style="list-style-type: none"> - Introduction to the concepts of geo-history and geopolitics - Forms of government - Birth and main institutions of the European Union
2	Birth of National Monarchies	<ul style="list-style-type: none"> - England (the birth of the nation, William the Conqueror, Magna Charta Libertatum); modern-day UK (physical features, politics, economy, geopolitical features, BREXIT) - France (the birth of the nation, Philip the Fair VS Pope Boniface VIII, Estates General, Avignon Papacy, Western Schism); modern-day France (physical features, politics, economy, geopolitical features, ISIS and terrorist attacks) - Spain (the birth of the nation, the Reconquista) - German Holy Roman Empire (Golden Bull) - Birth of the Ottoman Empire
3	XIV-XV Centuries	<ul style="list-style-type: none"> - The Hundred Years' War - The Italian situation; review of modern-day Italy and geopolitical features - The balance of power - Humanism and the Renaissance
4	Early Modern Age	<ul style="list-style-type: none"> - Geographical discoveries - Modern-day Spain (physical features, politics, economy) and Portugal (physical features, politics, economy, Carnation Revolution) - Italian Wars and Charles the V - Protestant Reformation and Counter Reformation - Modern-day Germany (physical features, politics, economy, geopolitical features, Berlin Wall), Switzerland (physical features, politics, economy) - Henry VIII of England and the Anglican Church
5	Modern Conflicts (XVI Century)	<ul style="list-style-type: none"> - Philip II of Spain - The Netherlands and Belgium (physical features, politics, economy) - Greece (physical features, politics, economy, geopolitical features) - Elizabeth I of England - Elizabeth I vs Philip II: The Invincible Armada - Intolerance and religious wars in France - An example of religious tolerance: Poland; modern-day Poland
6	XVII Century	<ul style="list-style-type: none"> - European economy and Triangular Trade - The Scientific Revolution - The Thirty Years War; modern-day Czech Republic; Denmark and Sweden (physical features, politics, economy) - France: Richelieu, Mazarino and Louis XIV

		<ul style="list-style-type: none"> - England: Charles I, Oliver Cromwell and the Glorious Revolution - Project on central-eastern Europe
7	XVIII Century	<ul style="list-style-type: none"> - The Age of Enlightenment - The Enlightened despots; modern-day Austria - The Industrial Revolution - The American Revolution - The French Revolution - Napoleon Bonaparte
Links with Citizenship		
Respect and Enhancement of Cultural Heritage		- Ferrara and its cultural wealth
Digital Citizenship Education		- How media have affected ancient and modern witch-hunts

ITALIANO

Unit	Topic	Main Points
Grammatica		
1	I pronomi	<ul style="list-style-type: none"> - pronomi personali soggetto, complemento e riflessivi - pronomi determinativi, possessivi, dimostrativi, indefiniti, relativi e interrogativi
2	I verbi	<ul style="list-style-type: none"> - coniugazioni in -are, -ere, -ire - persona e numero - modi e tempi: finiti e indefiniti - il genere transitivo e intransitivo - la forma attiva, passiva e riflessiva - verbi impersonali, servili, fraseologici e irregolari
3	Gli avverbi	<ul style="list-style-type: none"> - gli avverbi primitivi, derivati e composti - avverbi di modo, tempo, luogo, quantità, affermazione, negazione e dubbio - il grado positivo, comparativo e superlativo
4	Le preposizioni	<ul style="list-style-type: none"> - preposizioni proprie: semplici e articolate - preposizioni improprie: aggettivi, avverbi e verbi
7	Le congiunzioni	<ul style="list-style-type: none"> - forma semplice e composta - congiunzioni coordinanti: copulative, disgiuntive, avversative, dichiarative, conclusive e correlative - congiunzioni subordinanti: dichiarative, modali, finali, causali, temporali, concessive, comparative e interrogative
Epica/ Letteratura		
1	Epica medievale	- confronti con l'epica classica

		<ul style="list-style-type: none"> -l'epica cavalleresca: contesto storico, luoghi, lingua e personaggi -la trasmissione delle <i>geste</i> e i giullari -il ciclo carolingio e la <i>Chanson de Roland</i> -il ciclo bretone -il ciclo del Cid spagnolo
2	I poemi cavallereschi	<ul style="list-style-type: none"> -Luigi Pulci: <i>il Morgante</i> -Matteo Maria Boiardo: <i>L'Orlando innamorato</i> -Ludovico Ariosto: <i>L'Orlando furioso</i>
3	La nascita della letteratura italiana	<ul style="list-style-type: none"> -Contesto storico - la nascita del volgare - Dante Alighieri: vita e opere - Francesco Petrarca: vita e opere - Giovanni Boccaccio:vita e opere
Antologia		
1	Il testo narrativo	<ul style="list-style-type: none"> -il narratore -il tempo del racconto -il ritmo narrativo e la suspense -i personaggi -i luoghi -scrivere il riassunto di un testo narrativo
2	Genere: Il racconto comico-umoristico	<ul style="list-style-type: none"> -le caratteristiche del genere -lettura e analisi di brani scelti
3	Genere: Il racconto horror	<ul style="list-style-type: none"> -le caratteristiche del genere -lettura e analisi di brani scelti fra i maggiori autori del genere
4	Genere: Il racconto giallo	<ul style="list-style-type: none"> -caratteristiche di un racconto giallo -lettura di brani a scelta
5	La lettera, il diario e l'autobiografia	<ul style="list-style-type: none"> -la lettera personale -struttura e caratteristiche della lettera personale -lettura di brani scelti -il diario personale -struttura e caratteristiche del diario personale -lettura di brani scelti -la struttura e le caratteristiche dell'autobiografia -lettura di brani scelti
6	La poesia	<ul style="list-style-type: none"> -lo schema metrico -tipi di strofe -altre figure retoriche di significato, suono e posizione -individuare argomento, tema e messaggio di un testo poetico -scrivere la parafrasi di un testo poetico -lettura e analisi di poesie scelte dei maggiori autori italiani e stranieri
Links with Citizenship		
Respect and Enhancement of Cultural Heritage		-Ferrara and its cultural wealth

ICT

Unit	Topic	Main Points
1	Introduction	-online collaboration softwares
2	G Suite(Classroom) Google doc	-Google Drive -how to create a text document and convert it in different formats -Formatting styles -Discover the formatting -Pagination
3	The Breadcrumbs	-how to find documents in G Drive
4	Create a presentation	-The themes -Using images in presentations -Using sounds in presentations -Use of tables and graphs
5	What is a browser?	-different types of browsers -the language of the browser (Html)
6	How web pages are made up	-Structure of a web page -The transmission protocols
7	Understanding HTML	-markups -basic -elements -attributes
8	Security	-recognize potential risks associated with the use of the most common information technologies
Links with Citizenship		
Digital Citizenship Education		-effective online communication
International Days		-International Day Against Bullying and Cyberbullying

MUSIC

Unit	Topic	Main Points
1	Medieval Music	-Liturgical music -Gregorian chants
2	Choir	-division of voices in a choir -discussion on exclusion of women in music
3	Medieval Instruments	-percussions -strings -winds -organ vs piano
4	Renaissance Music	-Pagan music vs Sacred music -Madrigali
5	Renaissance Instruments	-Double virginal -Violin -Regal -Tenor recorder -Lute -Mandora -Cornetto

6	Baroque Music	-the big return of improvisation -exaggeration -birth of music notation as we know it
7	Baroque Authors	-Bach -Vivaldi -Handel
8	Romantic era	-different meaning of romantic -the influence of the time period on the music
9	Romantic composers	-Wagner -Beethoven -Paganini -and many more
10	Orchestra	-Instrument families and positions

MATHEMATICS

Unit	Topic	Main Points
1	Rational Numbers: Decimals and Fractions	-decimal numbers -from fractions to decimal numbers -from decimal numbers to fractions -operations and expressions with decimal numbers
2	Root extraction and Irrational Numbers	-definition -how to calculate square roots -properties of square roots -use of square roots table -irrational numbers
3	Ratio and Proportion	-magnitude ratios -scale representations -proportion and its properties -calculation of the unknown -percentages -problems with percentages -directly and inversely proportional magnitudes -principles of proportionality and graphical presentations -proportionality problems: the Rule of Three (simple proportion) and distribution
4	Functions	-what is a function -types of function -problems with functions
5	Equivalence and Area of Flat Shapes	-flat figures -equivalent and equidecomposable flat figures -definition of surface and area -how to calculate the area
6	Pythagorean Theorem	-primitive and derivative Pythagorean triples -Pythagoras' theorem -applications of the Pythagorean theorem to flat figures
7	Similarity	-definition -criteria for similarity
8	Circumference and	-definition

	Circle	-parts of circumference and circle -circumference, points, and lines -angles at circumference and circle -pairs of circumferences
9	Circumscribed and Inscribed Polygons	-inscribed and circumscribed polygons -area of a circumscribed polygon -regular polygons -area of a circumscribed regular polygon

TECHNICAL DRAWING

Unit	Topic	Main Points
1	Climate change	-what is climate change -global point of view
2	Crops and Livestock Farming	-description -techniques and technology -investigation of local farming
3	Food and Nutrition Education	-what the world eats -nutrition facts on food labels -healthy lifestyles
4	Food Industry	-from farm to table -techniques and technology used in food production -slow vs fast food -environmental impact of the food industry (deforestation, animal mistreatment, genetically modified foods, etc.)
5	Food Preservation	-types of methodologies: natural and chemical -benefits and consequences of food preservation
6	Waste, Pollution, Sustainability	-what is waste -ways to reduce waste -main pollution causes -responsible consumerism
7	Orienteering	-orientation with compasses -geographic coordinates -map features -map classification according to the scale used -from earth's surface to map
8	Reproduction of Scale Drawings	-scale representations -scale drawing -scale drawings using the grid method -reduction and enlargement of geometric figures -practical activities
9	Orthogonal Projections	-Graphic representations in the plane and in space: technique of orthogonal projections

SCIENCE

Unit	Topic	Main Points
1	Introduction to chemistry	-The atom and its structure: protons, neutrons and electrons -The Periodic Table

		<ul style="list-style-type: none"> -The electron configuration -The chemical bonds (ionic, covalent, metallic)
2	Chemical Reactions	<ul style="list-style-type: none"> -physical and chemical transformations -simple substances and compounds -symbols and formulas -Lavoisier's laws -oxidation and combustion -acids, bases, salts -pH: meaning and scale
3	Introduction to Anatomy	The Human body: an interaction of different parts
4	The Integumentary System	-The layers of our skin (epidermis, derma, hypodermis) and their functions.
5	The Locomotor System: the skeleton system	<ul style="list-style-type: none"> -The structure and function of the skeleton -The bones of the human body: shape and structure and their position in the human body -The fixed, mobile and semi-mobile articulations and joints
6	The Locomotor System: the muscular system	<ul style="list-style-type: none"> -The muscles structure and their functions -The muscle contractions -The movements enabled by the muscles and their correlation with levers (short introduction to physic)
7	The Digestive System	<ul style="list-style-type: none"> -The food and nutrients -The system structure and its functions including the accessory organs
8	The Respiratory System	<ul style="list-style-type: none"> -The respiration process: the cellular respiration and the breathing throw the lungs -The composition of inhaled and exhaled air
9	The Circulatory System	<ul style="list-style-type: none"> -The functions of the circulatory system - The heart and how it works - The blood: corpuscles and plasma -The blood vessels: veins and arteries and capillaries - The strictly correlation between the lymphatic system and the circulatory system
10	Introduction to Physic: the Motion	<ul style="list-style-type: none"> -characteristics of linear motion -velocity vs speed -graphical representations of motion -uniform rectilinear motion: direct formula and graphic representation -various motion: graphic representation -uniform accelerated motion and its representation
	The Basics of Dynamics	<ul style="list-style-type: none"> -definition of force -effect of forces -the composition of forces -I, II and III principles of dynamics (Newton's laws)
Links with Citizenship		
	Food and Body Care Education	<ul style="list-style-type: none"> -food pyramid (collaboration with DT) -healthy habits -body care: meaning and good practises (collaboration with Gym)

SPANISH

Unit	Topic	Main Points
1	States of being	- communication : physical and emotional states of being - vocabulary : physical and emotional states of being - grammar : present tense 'estar', 'dar', 'ir'
2	Likes and Dislikes	- communication : expressing preferences, expressing agreement and disagreement - vocabulary : sports, hobbies, adjectives, numbers to 100 - grammar : complement pronouns, 'gustar' and other pronomial verbs, muy/mucho/poco/demasiado/bastante - culture : Spanish athletes
3	Routines and Habits	- communication : ask and say the time, talk about habits, talk about frequency of events, congratulations/best wishes - vocabulary : routines, school subjects, month and seasons. - grammar : verbs with spelling changes e□ie / o□ue / e□i - culture : mealtimes in Spain
4	Making future plans	- communication : making future plans, making and accepting/refusing suggestions, saying the date - vocabulary : modes of transportation, numbers to 1000 - grammar : ir a / pensar + infinitivo, ir/venir, traer/llevar, pedir/preguntar, possessive pronouns - culture : <i>El Camino de Santiago</i>
5	Making a Phone Call	- communication : talking on the phone, discussing the weather, expressing habitual actions and actions in progress - vocabulary : cell phones, the weather - grammar : review present tense regular / irregular verbs, present continuous: 'estar' + gerund - culture : weather in Spain
Links with Citizenship		
<ul style="list-style-type: none"> - mealtimes in Spain - <i>El Camino de Santiago</i> - <i>Different languages in Spain</i> 		

STUDY SKILLS

Unit	Topic	Main Points
1	Paraphrasing	- Select and highlight the most important information in a text - Elaborate key-information by using proper words in a cohesive text through active practice
2	Summarising	- Discern the most important ideas in a text and ignore irrelevant information - Integrate central ideas in a meaningful way
3	Note-making	- Make notes properly to enhance oral exposition/presentation: selecting relevant and key-

		information, learning abbreviations and symbols to accelerate and elaborate your writing
4	The Cornell Method	<ul style="list-style-type: none"> - Organisation of the layout - Main questions to clarify meanings, reveal relationships and establish continuity - Find a personal and effective way of page-sectioning
5	Memory	<ul style="list-style-type: none"> - Understanding how our memory works: long-term and short-term memory - The memory palace